

Let's mix it up!

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The Dishes.....The Laundry....

2:00

Consider what came up for YOU when you saw those pictures

Think about how you FELT when you heard those words

What is something in your life (personal or professional) that's similar?

Share your thoughts with your partner, spreading the time out equally ©

Adjective: Essential, Indispensable, or Requisite
Noun: Something necessary or required for a particular purpose

evil

Adjective: morally wrong or bad; immoral; wicked; harmful; detrimental
Noun: That which is evil; evil quality, intention, or conduct

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"Eating healthy is too expensive, too costly, and takes too much time"

Consider the statement above: the tone, the weight, the message

How could you reframe it into a more positive or less negative statement?

Share your "reframed" messages with your partner – spread the time evenly!

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Reframing Round #1: Tools

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The Questions for the "Fishbowl"

"Reframing" that statement

What if these things are necessary to continue advancing agility in our organizations?

Are there "necessary evils" to support and grow in order to keep challenging this status quo?

Work Tools

Certifications

0

"The standardization of work tools is something we just have to deal with"

Consider the statement above: the tone, the weight, the message

How could you reframe it into a more positive or less negative statement?

Share your "reframed" messages with your partner – spread the time evenly!

11 12



3:00

 $\hbox{\it ``Certifications do not offer much value, especially those two-day events''}$

Consider the statement above: the tone, the weight, the message

How could you reframe it into a more positive or less negative statement?

Share your "reframed" messages with your partner – spread the time evenly!

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"How to get enough sleep at Agile2023 when you want to expand your network"

15 16

Balancing things out

2:00

"How to get enough sleep at Agile2023 when you also want to network"

Think about the benefits of sleep, but the benefits of networking...

You'll start on one side, then change to the other side, and back again

Explore the benefits "jumping" sides – spreading the discussion time out!

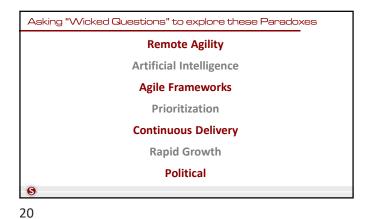
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paradox

A statement that is seemingly contradictory or opposed to common sense and yet perhaps is true

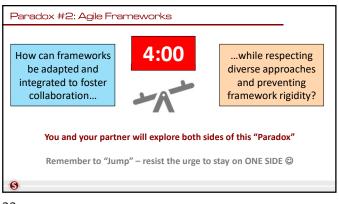
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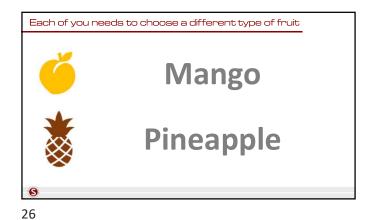


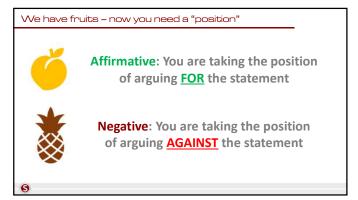




















You'll keep the same position from our earlier exercise



Affirmative: You are taking the position of arguing **FOR** the statement



Negative: You are taking the position of arguing **AGAINST** the statement

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Debate Part 1: Writing your points

Think of two points that support your position

Write your points down to help you make your case

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Debate Part 1: Writing your points





The "Industry" of agile, including certifications and scaling frameworks, are a "necessary evil" to support the growth of agility in our organizations today.

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Debate Part 2: Making your case



2:00



You should have two solid points that supports your case

Recall your position (Affirmative or Negative) for this exercise

Again, take about 30 seconds per point when it's your turn [©]

Use this time to debate your position with your partner

Debate Part 3: Consider those points



1:00



Start by taking a deep breath @

Recall about what you just heard from your partner

Consider that perspective on your own – do you see their point?

You'll be sharing a phrase that starts like this: "I see your point about...."

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37 38





39 40



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