



Agile ORLANDO JULY 24-28 **2023**

PRESENTED BY

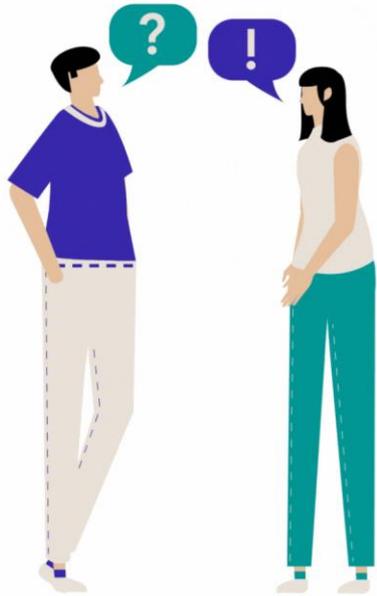


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#AGILE2023

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Leading Together in a Volatile World

Jolene Jangles



Sarah Baca



Think back to a time you were practicing collaborative leadership (or what that might be like if you've not experienced it)

For you, collaborating is like what?



3 minutes each



Collaborating

Workbook page 1

For you, collaborating is like what?

In the notes section, write down two things you're making up about your partner.



Collaborating

Workbook page 1

What Story Are You Making Up?

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While you watch, view what's happening on screen and consider what is happening.

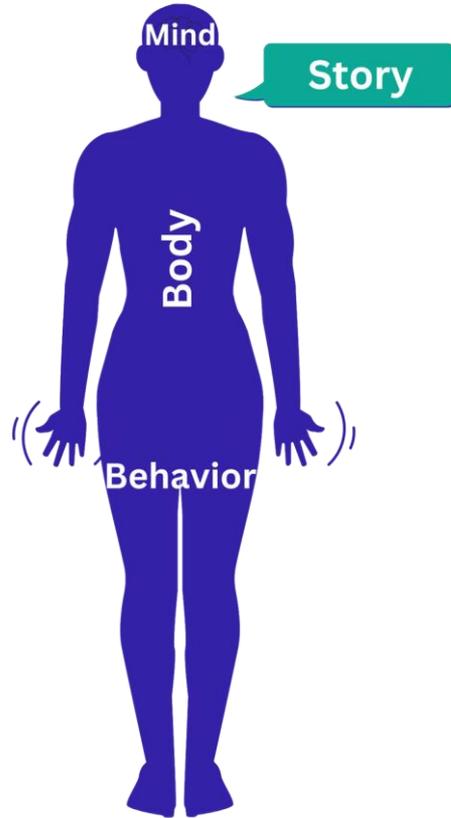
What are people in the video thinking?

Perspectives Taking Inference & Bias

Discuss in groups of 4 - 5

Workbook page 2





Emotionally Hooked

Workbook page 3

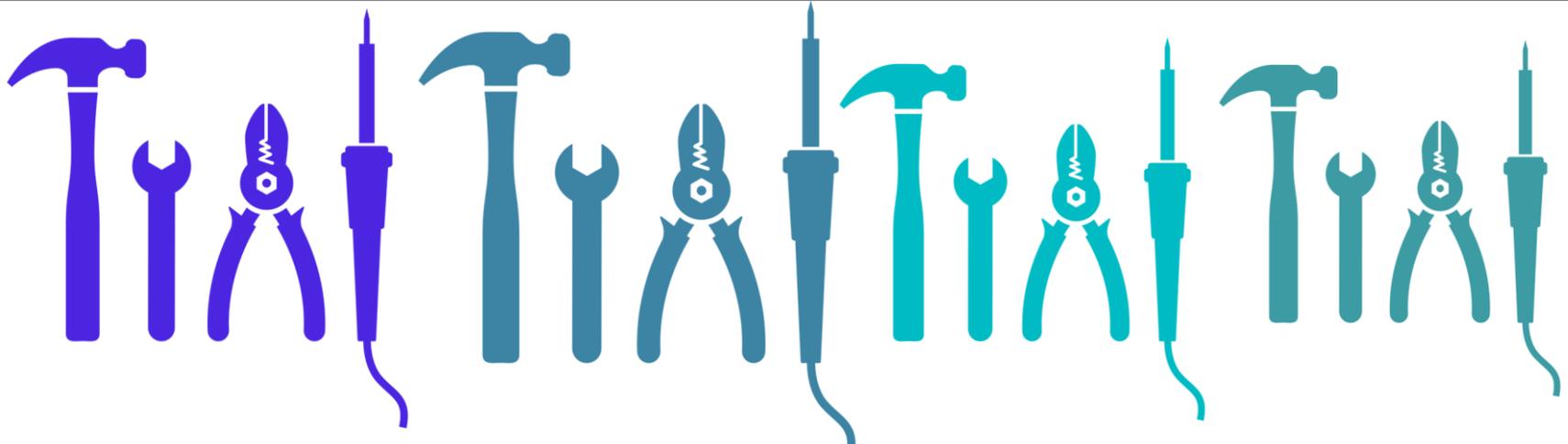
I physically feel...

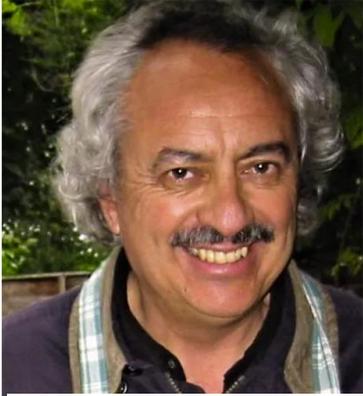
I often start thinking...

The first thing I want to do...

I most often make up stories about ...

Tools For Leading Together





Created by David Grove



Adapted for groups by Caitlin Walker

Clean Language

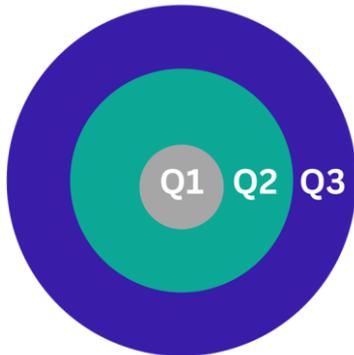


Clean language is a therapeutic and coaching modality that can be used to help clients explore their own inner mental landscape.



Often the client doesn't know the answers until the question has been asked or even until they are answering it.

*Clean questions help get your **bias** and **emotional hooks** out of the way, creating space for curiosity, which is necessary to be a **good leader***



Practice Clean Interview Questions

Workbook page 4

"For you, collaborating is like what?"

Choose clean questions from the workbook



3 minutes to ask and answer clean questions



2 minutes for observer to share feedback

TIME FOR A
BREAK.

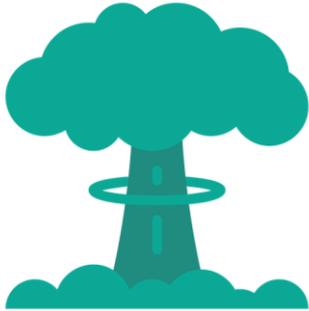
30:00

What do you do when your bias has gotten you in trouble? No one can be “clean” all the time!



Workbook page 5

Chandeliering



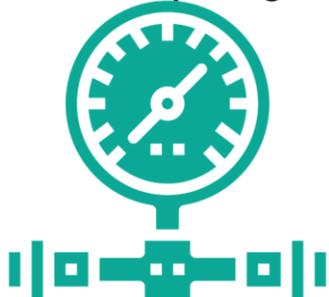
Bouncing Hurt



Numbing



Stockpiling



High-Centered



Fake nice



For you, when you are offloading hurt, that's like what?

Choose clean questions from the workbook



4 minutes each to ask and answer clean questions

Exercise in Pairs

Workbook page 6



Let's Get Ready to Rumble

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A rumble is a discussion, conversation, or meeting defined by a commitment to lean into vulnerability, to stay curious, and generous. Specifically, what it means to be vulnerable when taking risks, which ultimately builds courage.

Courage and fear are NOT mutually exclusive.



No workbook page

Tell me why this doesn't fit/work for you.

What problem are we trying to solve?



Walk me through . . .

Tell me more.

I'm wondering . . .



I'm working from these assumptions—what about you?

Let's practice rumbling using rumbling starters



5 minutes each to practice using rumble starters

Exercise in Pairs

Workbook page 7



For you, when you're rumbling, that's like what?



4 minutes each to ask and answer clean questions



Exercise in Pairs

Workbook page 8

Workbook page 9



Go Deeper



Balanced Agility/
Connect with
Jolene Jangles



Clean at Work Podcast
Sarah Baca



Brene Brown
Dare to Lead
brenebrown.com

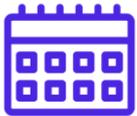


Caitlin Walker
Clean Learning
cleanlearning.co.uk

Jolene Jangles and Sarah Baca

Leading Together in a Volatile World

Join ICAgile and Balanced Agility at the ICAgile booth for special swag and to enter a raffle to win a free class.



Wednesday, July 26, 2023

12:00 - 1:00 pm



ICAgile Booth Exhibit Space





Agile ORLANDO 2023

JULY 24-28

Join Agile Alliance today!

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