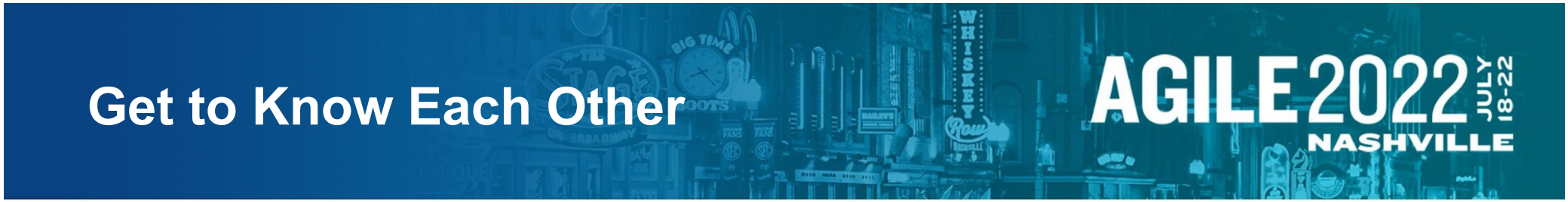
Jolene Jangles & Danna Mokamba

I Dare You to Lead

Get to Know Each Other



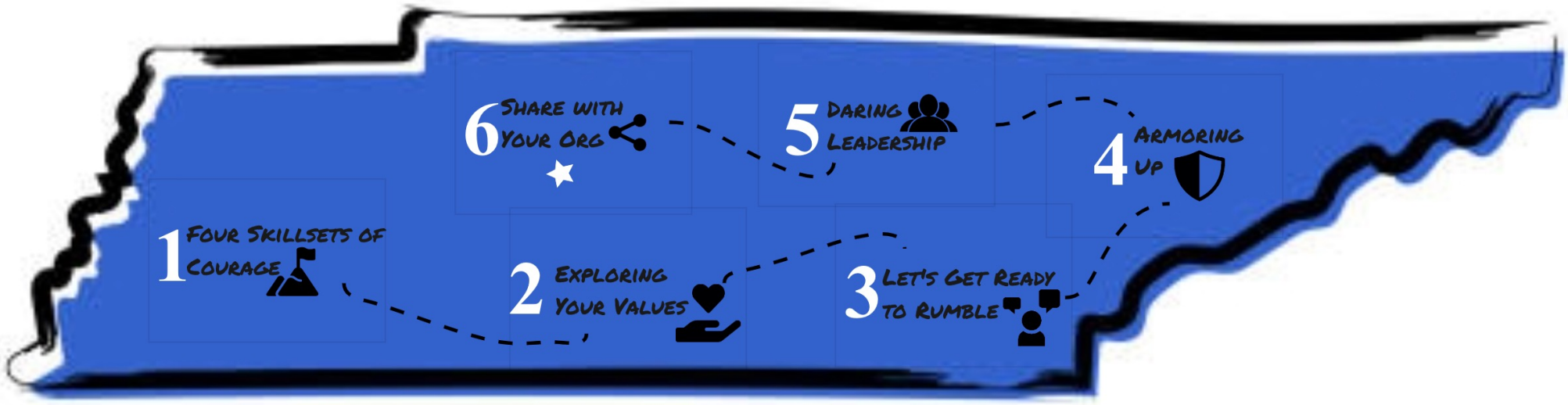
Turn to your neighbor, introduce yourself and answer this question:

What brought you to this session?

At the end of this session, I hope to leave with …

Balanced Agility

Map of Today's Workshop



four skill sets of courage

When poll is active, respond at **pollev.com/daretolead**

Text **DARETOLEAD** to **22333** once to join

Which of these behaviors build trust with you?

Boundaries Reliability Accountability Vault Integrity Nonjudgement Generosi

Start the presentation to see live content. For screen share software, share the entire screen. Get help at **pollev.com/app**

four skill sets of courage

AGILE2022 JULY 18-22 NASHVILLE

dare to lead

RUMBLING with Vulnerability

LIVING into Our Values

BRAVING Trust

LEARNING to Rise

the four skill sets of courage

Balanced Agility

Sort Activity

Step One: Break into 2 groups at your tables

Step Two: Locate the deck of cards – 1 for each groups at the table

Step Three: Use the purple cards as column headers

Step Four: Sort the remaining cards into their corresponding columns

Each section has:

- Definition
- Why
- 2 Outcomes
- 2 Learning/Unlearning areas
- How

Balanced Agility

Values Exercise

Turn to page 3 in your workbook

Step One: Review list of values and highlight all that speak to you

Step Two: Of highlighted, put stars next to the 10 most important

Step Three: From 10 - check mark your top 5 that are essential right now

Step Four: Pick 2 access values - those values that allow you to get to the others in your top 5

Balanced Agility

Rumble Language

A rumble is a discussion, conversation, or meeting defined by a commitment to lean into vulnerability, to stay curious, and generous.

___ The story I make up

___ I'm curious about

___ Tell me more

___ That's not my experience

___ I'm wondering

___ Help me understand

___ Walk me through that

___ What's your passion around this

___ Tell me why this doesn't fit/ work for you

Draw Your Armor

AGILE2022 JULY 18-22 NASHVILLE

What do you "wear" to shield yourself from vulnerability?

Draw or describe your armor on page 9 of your workbook.

You will be reflecting on this in smaller groups following this

Balanced Agility

Debrief in Pairs

Get into smaller groups at your table and share and reflect on the following areas and questions

How was the process of drawing it for you? What did it feel like?

Explain Your Armor

What is under that armor?

When does your armor show up?

Share an AHA! that you had as you were drawing or reflecting on your armor

Balanced Agility

Armored vs Daring Leadership

Armored Leadership

A leadership behavior in which we suit up in difficult leadership situations in an emotional armor, ready to do battle at work.

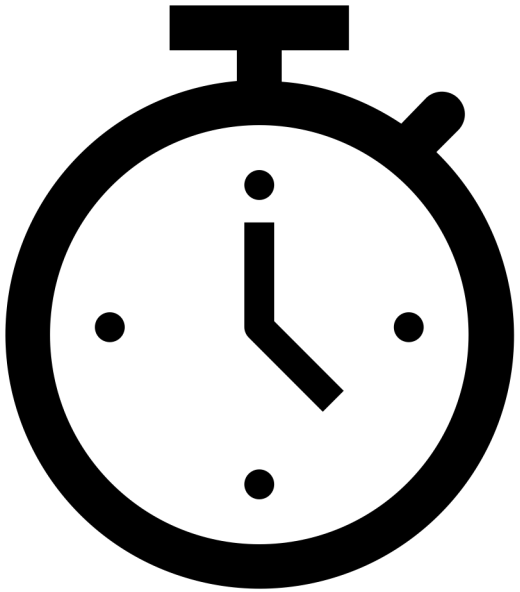
Daring Leadership

A leadership behavior in which as difficult situations arise, we choose to approach them with vulnerability and lead with a whole heart.

Balanced Agility

Armored vs Daring Leadership

Take 8 minutes (timed event) and go to each of the areas around the room and plot yourself on the number lines for a few key areas of the Armored vs Daring leadership assessment



8 minutes

Take it with You…

AGILE2022 JULY 18-22 NASHVILLE

Takeaway: Record where you put yourself in your workbook. Complete plotting yourself on the other areas on pages 10-11.

You and your team can take the full assessment online for free at Brene Brown's Dare to Lead hub

Balanced Agility

Business Case

Clear Structure

- A problem
- Agitation of the problem
- Solution to the problem
- The value the solution provides

Why Daring Leadership?

Share your experience of this workshop and how it will impact your organization or team

Share a Story

Construct a story of your vision as to how creating daring and courageous leaders in your organization or team will improve experience and performance.

Balanced Agility

Tell Us How We Did

AGILE2022 JULY 18-22 NASHVILLE

Balanced Agility

Claim Your Intention

I WILL...

Visit us and learn more at www.balancedagility.com / balanced.academy

Balanced Agility

Get Social with Us

AGILE2022 JULY 18-22 NASHVILLE

Jolene Jangles

/jolenejangles

Balanced Agility

Website
Upcoming Training

LinkedIn

Twitter

@BalancedAgility

Danna Mokamba

/dannamokamba