



AGILE 2022 JULY 18-22
NASHVILLE



*Dojo - The Secret Sauce for Faster
Transformation*



WELCOME TO THE DOJO

To do

Purpose,
Setting The
Table, Our
Story

Relationship

Chartering

Takeaways

Location
Discussion
and
Hyper-cycles

GeneTation

Education
and
examples

Graduation

In progress

Agenda

Done

Intro/Welcome



Purpose:
key learnings any team or organization can
implement that achieve the sustainable
adaptable growth

Your Takeaways

Relationship



Chartering



Hyper-cycles



Location
Disruption



Gameification



Celebration



Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 AM	Showcase	Daily Scrum	Daily Scrum	Daily Scrum	Daily Scrum
9:15 AM				Backlog Refinement	
9:30 AM	Retrospective				
9:45 AM	Planning				
10:00 AM					
10:15 AM					
10:30 AM					
10:45 AM					
11:00 AM					
11:15 AM					
11:30 AM					
11:45 AM					
12:00 PM	Daily Scrum	Daily Scrum	Showcase	Daily Scrum	Daily Scrum
12:15 PM		Backlog Refinement	Retrospective		
12:30 PM					
12:45 PM			Planning		
1:00 PM					
1:15 PM					
1:30 PM					
1:45 PM					
2:00 PM					
2:15 PM					

To do

Chartering

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There are three questions below.
Have one team member answer one of the
three questions.
We will return to this activity allowing for each
team member to share

What is your
favorite
family
tradition?

What are
three fun
facts about
yourself?

What are
you
famous
for?

To do

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Agile	Team	Product	Technical
<p data-bbox="465 200 664 397">Get better and events</p>	<p data-bbox="730 259 929 456">Get to know each other better</p>	<p data-bbox="994 230 1199 426">Have a healthy backlog</p>	<p data-bbox="1267 137 1466 334">100% automated testing</p>
<p data-bbox="465 481 664 678">Understand WHY we are doing this</p>	<p data-bbox="730 590 929 787">Be able to talk about hard things</p>	<p data-bbox="994 503 1199 699">Have a vision for our product</p>	<p data-bbox="1267 443 1466 639">Automated deployment</p>
<p data-bbox="465 760 664 956">Understand who to include in Sprint review</p>		<p data-bbox="994 814 1199 1011">Understand the WHY of our product</p>	<p data-bbox="1267 760 1466 956">Dockerized application in the cloud</p>

Team

Get to
know the
team!

Work
together
to learn

Participation

Participate
fully

Takeaways

Write
takeaways
through the
experience

There are three questions below.

Have one team member answer one of the three questions.

We will return to this activity allowing for each team member to share

What is the most useful thing you own?

If you could pick up a new skill in an instant, what would it be and why?

What do you do to get rid of stress?

To do

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examples

Graduation

In progress

Takeaways

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Intro/Accounts

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I will _____ so that _____

To do

Qualification

Education
and
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Legal
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Intro/Aperture

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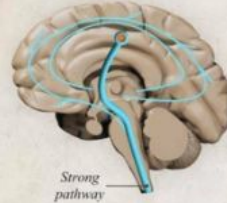
Chartering

Takeaways



Pathways

Neural pathways connect relatively distant areas of the brain or nervous system, each pathway is associated with a particular action or behavior.



Every time we think, feel or do something, we strengthen this pathway. Habits are well travelled pathways – our brain finds these things easy to do.

Neuroplasticity



New thoughts and skills carve out new pathways.



Repetition and practice strengthen these pathways, forming new habits.



Old pathways get used less and weaken.

With **repeated and direct attention** towards a desired change, we all have the ability to rewire our brains.



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What is something you want to do next year that you've never done before?

What are the top three things on your bucket list?

If you had to delete all but three apps from your phone, which would you keep?

To do

Education
and
examples

Graduation

In progress

Generalization

Done

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Takeaways

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1. Chaotic
2. Simple Controls/Rules
3. Repeatable
4. 5 min or less per cycle
5. Communication
involved



SOLO Cup Challenge

Materials Per Team:

1. 6 solo cups
2. One rubber Band
3. 4 pieces of string

Directions:

1. Be the first to engineer the models you're presented
2. You cannot touch the cups with your hands, only with the strings
3. Everyone must have one string in their hand



Starting Position:
make sure cups
are not stuck
together



1



2



3



4



5



6



7



8

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If you were a superhero, what would your superpower be and why?

If you had intro music, what song would it be and why?

What is the best / worst advice you have given or recieved?

To do

In progress

Done

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If you could go to dinner with anyone from history, who would it be?

What is your favorite childhood memory?

If you could only pick three foods to eat for a month, which foods would you choose?

Time to Celebrate!!!

