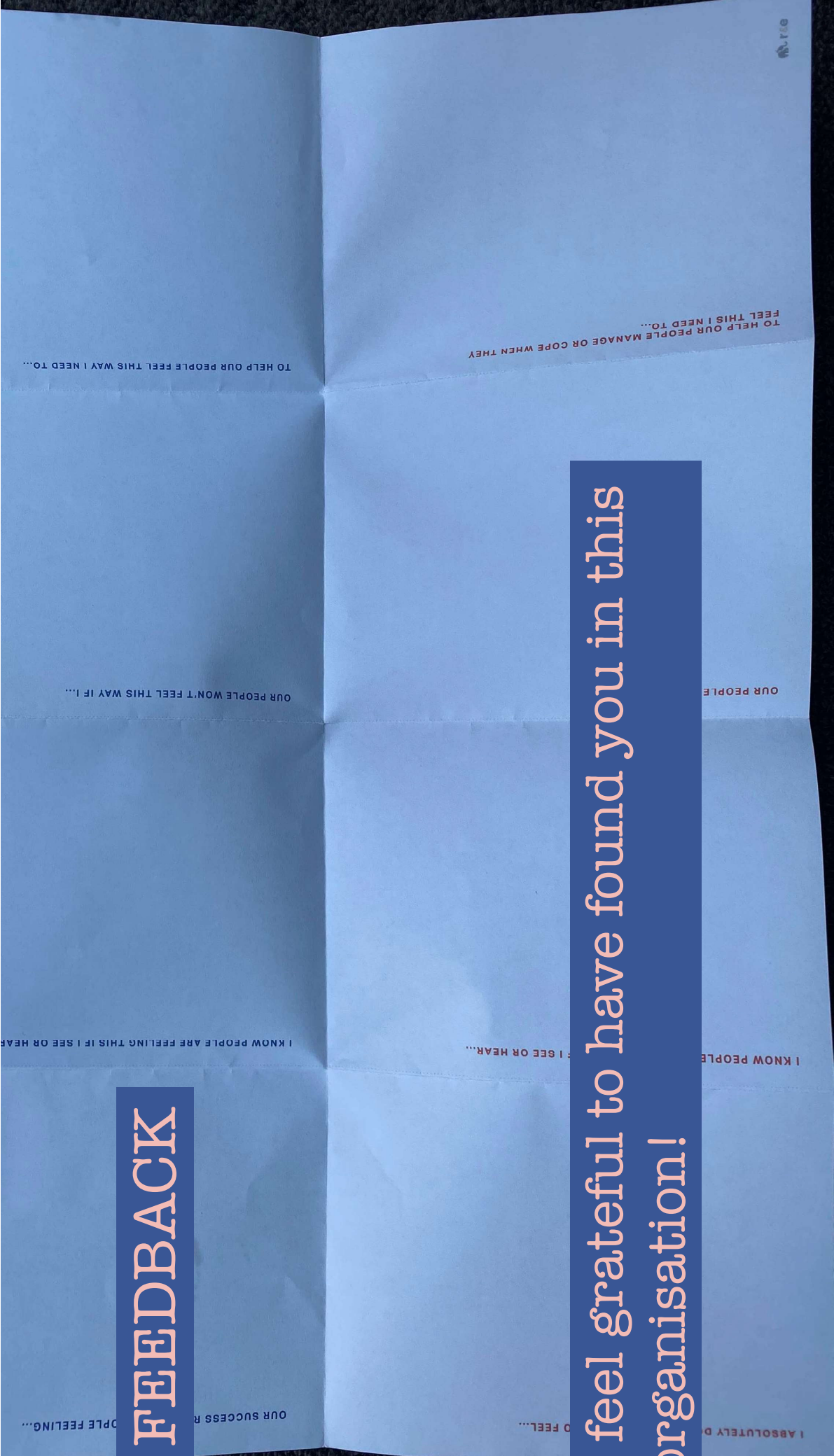


# FEEDBACK

I feel grateful to have found you in this organisation!





# ORGANISATIONS





### Empathy

We know people are feeling (insert feeling) if we see or hear...

2



### Actions / Rituals / Behaviours

To help people feel (insert feeling) we need to...

3



### Undesired behaviour

People will not feel (insert feeling) if we...

4



### Bring to life

The top 5 tangible actions/steps that will help us reinforce the desired emotions...

5

# Reflection

## Reflection

What do you want your people  
to feel through this change?

What do you want your people  
to feel through this change?

Pick TWO black cards that best describe it

WELCOME	CARE	KIND	FUN-LOVING	RESTLESS	ATTENTIVE	OPTIMISTIC	BRAVE
CONNECTED	OPEN-MINDED	NON-JUDGEMENTAL	JOY	LIGHTHEARTED	PLAYFUL	THOUGHTFUL	EQUAL
ENERGISED	PROUD	INSPIRED	DARING	SPONTANEOUS	SUPPORTED	AT EASE	ENCOURAGED
UNDERSTANDING	OPEN	INVOLVED	SECURE	UNIQUE	[Highlighted]	[Highlighted]	

WELCOME

CARE

KIND

FUN-LOVING

RESTLESS

ATTENTIVE

OPTIMISTIC

BRAVE

FREE

LOVE

GRATEFUL

DELIGHTED

CAREFREE

EMPATHETIC

COURAGEOUS

CONFIDENT

APPRECIATED

COMPASSION

HUMBLE

UNCOMFORTABLE

EASYGOING

CURIOUS

REBELLIOUS

HELPFUL

CONNECTED

OPEN-MINDED

NON-JUDGEMENTAL

JOY

LIGHTHEARTED

PLAYFUL

THOUGHTFUL

EQUAL

ENERGISED

PROUD

INSPIRED

DARING

SPONTANEOUS

SUPPORTED

AT EASE

ENCOURAGED

UNDERSTANDING

OPEN

INVOLVED

SECURE

UNIQUE

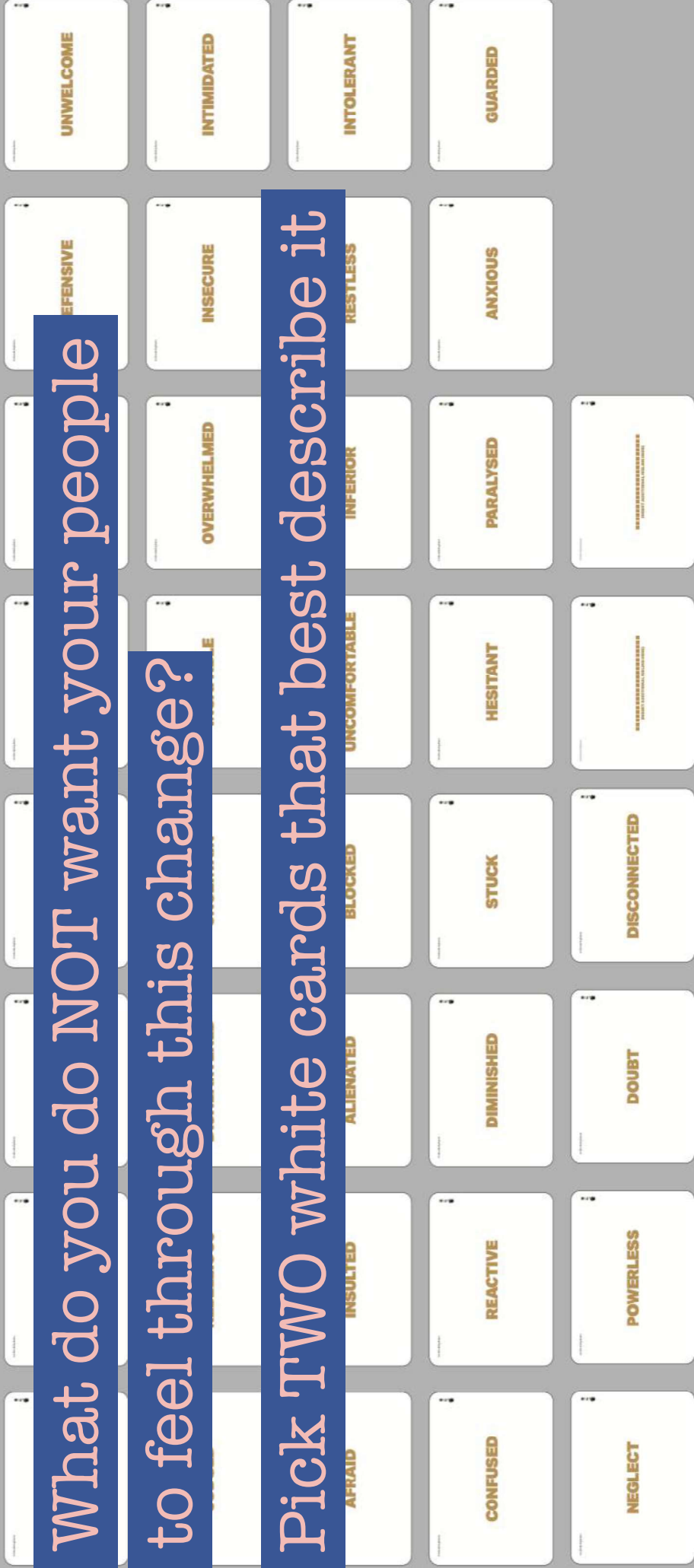
SEEK TO UNDERSTAND EACH OTHER

SEEK TO UNDERSTAND EACH OTHER



What do you do NOT want your people to feel through this change?

Pick TWO white cards that best describe it




<b>CONTROLLED</b>	<b>IMPATIENT</b>	<b>EMBARRASSED</b>	<b>ALONE</b>	<b>UNCARING</b>	<b>DEFENSIVE</b>	<b>UNWELCOME</b>
<b>JUDGED</b>	<b>REBELLIOUS</b>	<b>UNCERTAIN</b>	<b>INCAPABLE</b>	<b>OVERWHELMED</b>	<b>INSECURE</b>	<b>INTIMIDATED</b>
<b>AFRAID</b>	<b>INSULTED</b>	<b>BLOCKED</b>	<b>UNCOMFORTABLE</b>	<b>INFERIOR</b>	<b>RESTLESS</b>	<b>INTOLERANT</b>
<b>CONFUSED</b>	<b>REACTIVE</b>	<b>STUCK</b>	<b>HESITANT</b>	<b>PARALYSED</b>	<b>ANXIOUS</b>	<b>GUARDED</b>
<b>NEGLECT</b>	<b>POWERLESS</b>	<b>DISCONNECTED</b>				
	<b>DOUBT</b>					

A close-up photograph of a person's hand holding a small, vibrant green plant with three leaves. The background is a soft, out-of-focus blue and green. A blue vertical banner is positioned on the right side of the image, containing the text 'OTHER USE CASES' in white, uppercase, serif font.

OTHER USE CASES

MY SUCCESS  
RELIES ON  
FEELING THIS:  
19/01/19

  
LOVE

SUPPORTED

EQUAL

CONNECTED

Joy 

APPRECIATED

EMPATHETIC

FREE

## Family life

I DON'T  
WANT TO  
FEEL THIS:  
19/01/19

DEFENSIVE

EMBARRASSED

ALIENATED

BLOCKED

POWERLESS

OVERWHELMED

UNCOMFORT-  
ABLE

IMPATIENT

Desired Peter

Find your team's most important "My success" cards from this grid here.

**Peter**

Desired Chris

Find your team's most important "My success" cards from this grid here.

**Chris**

Desired Jonathan

Find your team's most important "My success" cards from this grid here.

**Jonathan**

Desired Carla

Find your team's most important "My success" cards from this grid here.

**Carla**

Desired Dawi

OPEN	ATTRACTIVE	GENUINE	KIND
FREE	LOVE	JOY	OPEN-MINDED
CARE	HELPFUL	EMIL	ENCOURAGED
RELEASE	HUMBLE	WELCOME	DARING
CAREFREE	DELIGHTED	PROUD	PERFORMING
THOUGHTFUL	WELL-ADJUSTED	OPTIMISTIC	ENERGIZED
EMPOWERING	INCLUSIVE	RESILIENT	UNCOMFORTABLE
UNRESTRAINED	SPONTANEOUS	HEALTHY	

CHAPTER DESIRED FEELINGS - SD

TEAM VOTE - SD

## How do we want our team environment to feel?

Your challenge: As a team discuss and choose the most important feelings you believe should be at the heart of our team culture. The Facilitator will drag the cards into the bubble.

**Our success relies on us feeling...**

PLATONIC, COLLABORATIVE, SUPPORTED, RECEIVE, CONNECTED, IMPROVED, CURIOUS

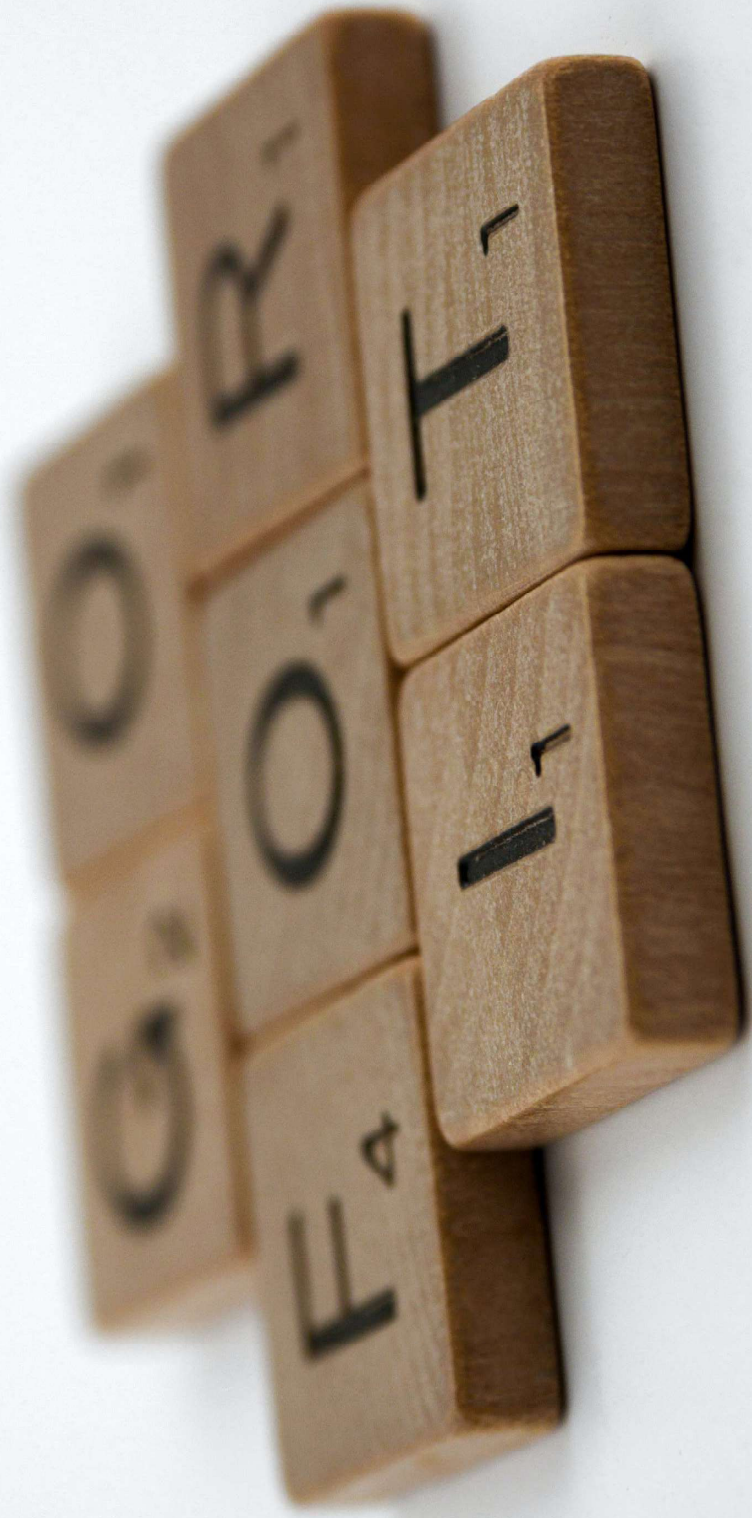
**10 mins**

## Let's vote!

**Our challenge:**  
Vote for the top three feelings you think are most important to our team culture

# Go remote

One idea I'd like to try...



GET IN TOUCH

LinkedIn

<http://agilecoachiglab.com>

Podcast: JOEKUB



# What QUESTIONS do you have?

**PRICE LIST**

**BREAD** - Always Bakery 200g - Available today only  
We make our own bread using traditional techniques. Yours can be made to order (subject to supply).

Whole Wheat	£2.20
White	£1.80
Wholemeal	£2.20
Soft Roll	£1.80
Soft Roll	£1.80
Soft Roll	£1.80

**Fruit & Veg, GT Products, Leeds**

We receive high quality local produce, wherever possible.  
We have an extensive list of products which varies daily. Please ask us for whatever you need and we will do our best to get a price and to collect. Please also ask us about our vegetables!

**TO ORDER: PLEASE MAIL**  
**YOUR ORDER**

# #becurrious

14th Floor of Every Month  
18.00 - 18.30  
... cakes, bread, soups  
Chal Lounge  
Fruit fishes